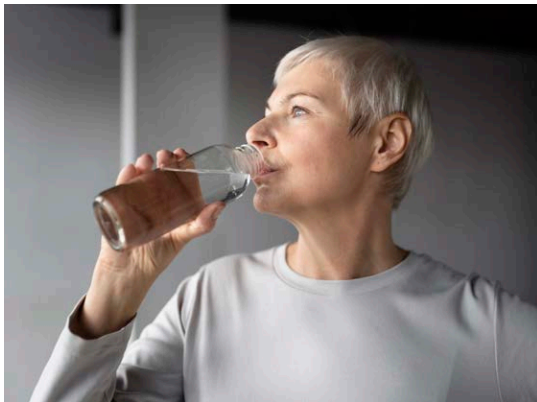




Nutrition Seminar: The Importance of Hydration with Cancer



A Free Virtual Workshop
Presented by **Cancer Support Community Atlanta**



With outdoor temperatures at an all time high, it is more important than ever to make sure you are staying hydrated to beat the heat. During this live seminar, Blair Avendano will discuss how to avoid dehydration, and the ways in which your water intake directly effects your overall health. Participants are encouraged to ask questions during this live event.

Presented by:
Blair Avendano, RDN, CSO, LD

**Tuesday, June 18
12:00 - 1:00 p.m.**

Register in advance for this program on our website at:

www.cscatlanta.org/calendar

After registering, you will receive a confirmation email containing information about joining the program virtually.



Registration



phone 404.843.1880 • fax 404.843.1780
1100 Johnson Ferry Road NE • Building 2, LL90 • Atlanta, GA 30342
www.cscatlanta.org

 **CANCER SUPPORT
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