

CNC River Walk and Meditation

*Please note: This information is correct as of May 2024.
Times may change, so visit our website at
www.cscatlanta.org for the latest information.*



Enjoy exercising in the serenity of nature while also spending time with some of your CSC friends. During this leisurely half-mile long walk we will pause halfway for a riverside meditation. The class meets at the Chattahoochee Nature Center. Jane will meet class participants outside in front of the Discovery Center. In the event of inclement weather, please call Cancer Support Community at 404-843-1880.

Led by:
Jane Myers, BHS

Second and Fourth Thursdays, 10:00 a.m. - 11:00 a.m.

**Chattahoochee Nature Center
9135 Willeo Road, Roswell, GA 30075**

To participate in this class, please register
at www.cscatlanta.org/calendar.



Chattahoochee Nature Center
9135 Willeo Road, Roswell, GA 30075
www.cscatlanta.org • CSC Atlanta Phone: 404.843.1880

**CANCER SUPPORT
COMMUNITY
ATLANTA**
AFFILIATED WITH  **NORTHSIDE HOSPITAL
CANCER INSTITUTE**