



CANCER SUPPORT  
**COMMUNITY**  
ATLANTA

AFFILIATED WITH  NORTHSIDE HOSPITAL  
CANCER INSTITUTE

# Cancer Support Community Atlanta Oncology Resources



**Visit [cscatlanta.org](http://cscatlanta.org) or scan the QR code below  
for additional information on these free virtual and  
in-person oncology resources.**

## Support

- › Connect with others during support groups led by licensed mental health professionals.

## Exercise

- › Be guided through general strength and endurance exercises to maintain stamina and flexibility.

## Education

- › Hear healthcare professionals explore a variety of oncology topics.

## Stress Reduction

- › Learn to better manage anxiety through breathwork and guided meditations.

## Nutrition

- › Get your nutrition questions answered by a Registered Oncology Dietitian or watch a live cooking demonstration.

**Scan &  
Get Started**



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