Nutrition



Cooking During Chemotherapy



A Free In-Person & Virtual Workshop Presented by

Cancer Support Community Atlanta





Chef Kip

Join Chef Kip for a cooking demonstration on what to prepare during chemotherapy. Chef Kip will teach the class simple meals that are quick, nutritious, and help manage any chemotherapy side effects. Chef Kip will prepare a soup, salad, and muffin. In-

person attendees will be able to sample all menu items. Virtual attendees will be able to watch the cooking demonstration live and receive the recipe in advance. Register now, in-person seating is limited!



Thursday, February 1 12:00 p.m.-1:30 p.m.

Please arrive by 11:50 as the program begins promptly at noon!

Register in advance for this program on our website at:

www.cscatlanta.org/calendar



Registration



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