

## Women's Pelvic Floor: The Science & Strategies

 A Free Virtual Workshop Presented by  
**Cancer Support Community Atlanta**  
*Featuring:*

**Alexcis Ford,**  
**MD, FPMRS**  
Urogynecologist  
Advanced Gynecology



**Mira Merille, PT, DPT**  
Board-Certified Clinical  
Specialist in Women's  
Health, Physical Therapy  
Northside Hospital  
Rehabilitation Services



Did you know one in three women are affected by pelvic floor dysfunction? Attend this live virtual program to hear a review of pelvic floor disorders and common pelvic floor concerns. Dr. Ford will provide the science of how cancer and its treatment affects your pelvic floor, while Mira Merille, PT, DPT shares the benefits and strategies rehab can provide. Participants will have the opportunity to ask questions during this event.

**Thursday, February 15, 12:00 p.m.–1:00 p.m.**

Register in advance for this program on our website at:

[www.cscatlanta.org/calendar](http://www.cscatlanta.org/calendar)

After registering, you will receive a confirmation email  
containing information about joining the program.



Registration



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[www.cscatlanta.org](http://www.cscatlanta.org)

